



Rabbi's Message - Rabbi David Eligberg



Forty Days to a New and Better Jew

Our Sages in the Mishnah record that it was on Tammuz 17 that Moshe descends Mt Sinai, finds the Israelites worshipping the golden calf, and breaks the first set of tablets at the foot of

the mountain. Following the punishment meted out against the primary offenders, Moshe returns to the summit of Sinai to intercede on behalf of his people, pleading for mercy on Israel's behalf. At that point the Holy One forgave Israel. Moshe is told to carve out a second set of tablets and ascend Mt. Sinai so that God can inscribe the replacement tablets. Moshe climbs the mountain and remains atop Sinai from Rosh Chodesh Elul, returning to the Israelite camp forty days later, on the 10th of Tishre, Yom Kippur, carrying with him the replacement tablets.

That Moses remained on the mountain for forty additional days has raised questions amongst the Sages, who are curious why the lengthy stay is necessary. The Sages observe that Moshe had learned the entire Torah during his first forty days on Sinai and the Torah was given to him as a gift. Given Moshe's knowledge of Torah, why did he need to stay on the mountain for forty more days to receive the second tablets? And why does the midrash assert that the Torah was taught to Moshe a second time?

I believe that both the event described and the timeframe in which it takes place are powerful lessons for our ancestors and us. Moshe needs to learn what Torah and Israelite life looks like following the wrenching episode of the golden calf, an incident that divided the community and fractured Israel's relationship with God. Torah becomes the roadmap to reconciliation with the Holy One and across the nation. Emerging from this brokenness afforded our ancestors the opportunity to reaffirm the essential aspects of Israelite religion and develop new paradigms of engagement with God. This also captures our current reality of feeling a brokenness in our society, a miasma of uncertainty about the future, and a sense of disconnect from longstanding, traditional moorings.

God, Moshe, and the Israelites could not simply push a miraculous "Reset" button and return to the way things were before their traumatic experience. To do so would have denied essential Jewish values rooted in the Torah. First, we grow as individuals and collectively, by acknowledging

Religious Services

Monday and Thursday:
7:45 a.m.

Friday: 6:00 p.m.,
unless otherwise noted
Shabbat Morning: 9:30 a.m.

Office Hours

Monday and Thursday: 8:00 a.m.
– 4:00 p.m.

Tuesday: 9:00 a.m. - 12:00 p.m.
Friday: 8:00 a.m. – 3:00 p.m.
Closed Wednesday
Other hours by appointment

Rodef Sholom Temple

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Newport News, VA 23606
(757) 826-5894
www.rodefsholomtemple.org

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our failures, accepting responsibility for them, and committing to do better in the future. Second, the Torah is emphatic that no matter how difficult the moment, or challenging the obstacle, we go forward, always in quest of an idyllic Promised Land. Third, there is also an essential difference between the first and second tablets: The first were wholly a divine creation, whereas Moshe is tasked with hewing two tablets and bringing them to the summit of Sinai to be inscribed by God. From this moment onward, Torah is the product of Divine and human interaction. Lastly, it is an affirmation of our enduring relationship with God and our ongoing connection to each other.

When Moshe returns to the Israelite camp on the 10th of Tishre, Yom Kippur, he tells the Israelites that God had forgiven them and that a model for repentance and renewal existed going forward, as the text in Exodus states: "You shall forgive our iniquity, and our sin, and make us Your heritage" (34:9). As we gather on the High Holy Days, culminating on Yom Kippur, we step into this ongoing and evolving process, bringing the best of ourselves, preserving essential elements of our tradition, and applying our creativity to innovations in our worship of the Holy One.

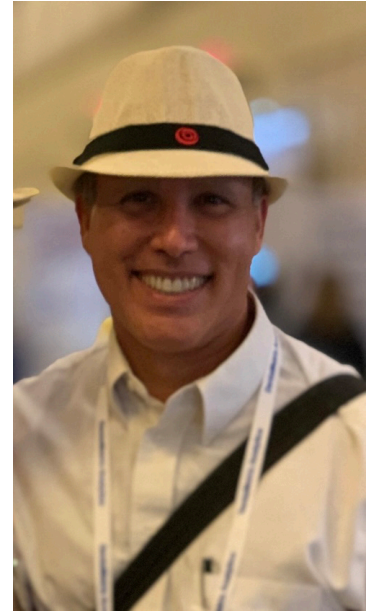
May we all be inscribed and sealed for a year of health and blessing, simcha and success.

Rabbi David M. Eligberg

President's Message

September is here, which means that our New Year month of Tishrei is around the corner. On September 23 we welcome the first of Tishrei, which also happens to be the first day of Rosh Hashanah. In the run-up to our New Year, we have been working diligently to bring our RST Growth Plan to life and to successfully fund our budget with our first "Giving From the Heart" program.

I encourage you to scan our calendar on the web site to see the surge of activities, including many new activities that are available to you, and hopefully you will invite friends and family to join you. For the first time in a while, we have had net positive growth of our congregation. We started the summer with 186 household units, and even though we unfortunately experienced the passing of four members, and the resignation of two others, we have gained 8 household units.



Start of summer: 186 household units
 4 deaths + 2 resignations = 180 household units
 7 new household units = net gain of 2 household units
 End of August: 188 household units

We have reached the half way point for our "Giving From the Heart" program to fund our budget. It costs us about \$2,100 per family to sustain our congregation. You can make you pledge on our website or you can contact Radie at the RST office with your pledge. Many people are pledging more than \$2,100, which is helping us close the gap.

Pledges received \$183,200 / Budget goal \$388,600 = 47% to goal
 Number of pledges 85 / Household units 188 = 45% of congregation has pledged

We have a budget buffer this year due to the amazing organizational and fundraising skills of Robin and Kenney Murov and the all of the wonderful volunteers who helped make our annual "Rodef Sholom Temple Golf Classic in Memory of Martin Damsky and Adam Deyong" such a resounding success.

Wishing you and yours a healthy and peaceful New Year,

Guy



Upcoming Events



High Holy Days Choir

*Interested in lending your voice during the
High Holy Days?*

*Join us on Thursdays at 5:30pm
in the RST Library*

*beginning August 28th through September 18th
contact Jodi Eligberg*

for more information about our High Holidays Choir

SEPTEMBER 27TH

FOLLOWING KIDDUSH LUNCH

MUST A JEW BELIEVE ANYTHING?



Upcoming Events



Here's the Buzzzzzz.....

A Rosh Hashanah Honey Themed Shabbat Dinner

September 19th at 5:30 p.m.

Special Guest Speaker -
Nathan Brauner

Dinner following
Kabbalat Shabbat Services

Menu:

Parsnip Apple Soup
Honey Pecan Salmon (or plain Salmon)
Garden Salad with Dressing
Honey Chipotle Squash
Rice, Fruit, Rolls
Honey-Pear Upside Down Cake
\$22 per adult / \$11 per child

Education Director's Message

Two NEW Years Ahead!

by Tess Goldblatt, The Jane Fairman Director of Congregational Learning

At the time of this writing, the swift summer is winding down and the new school year and the new Jewish year are barreling down the way! Religious School begins September 14th with some new and returning teachers. We offer a multitude of thanks to Jessica Horine, Leah Schwarz, and Kim Gipson.

Please see the separate Taschlikh flyer which, announces a September 28th three-way collaboration among Education, Social Action, and the Men's Club. This Buckroe Beach program offers activities and food for everyone in the congregation. Taschlikh itself will be at 11:00 a.m., but arrive at 10:00 a.m. to be part of adult education, a shoreline cleanup called "Reverse Taschlikh," and a free picnic provided by the Men's Club starting at 11:45 a.m. If you wish to eat their complimentary grilled provisions, PLEASE RSVP through the High Holy Days "Gold Form" or on the RST website for the same information. You're welcome to bring your own sides and make a day out of it. Enjoy the amazing new playground as well. Please be aware: There is no alternate date for Taschlikh if we get weathered out. An entirely different program at the beach would happen in the future.

L'Shana Tova!



Tashlikh 5786 / 2025

What? Tashlikh and Religious School

**Where? Buckroe Beach Main Stage, Picnic Shelter,
Bathrooms + New Playground**

**Address? 100 First St. South, Hampton VA 23664
(At the end of Pembroke Avenue)**

When? Sunday September 28, 2025

Who? All congregants and religious school families

Schedule?

**10-11AM: Student and Adult Education Stations on
"Teshuva"**

11AM Tashlikh for everyone

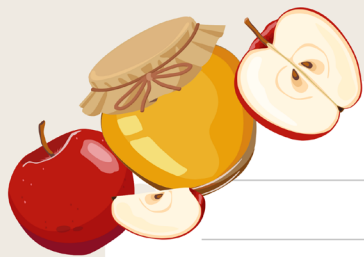
**11:20AM Shoreline Clean-up sponsored by Social
Action Committee**

**11:20AM Additional Adult Ed: Civil Rights as a Form
of National Teshuva**

**11:45AM+ Men's Club Grilled Picnic Food + Bring
Your Own Sides-RSVPs will be required on RST's
annual High Holy Days "Gold Form" online**

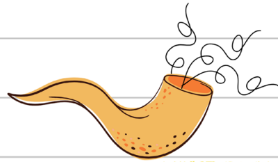
RSVP by September 12 for the food here

Contact? Tess Goldblatt rst.education@gmail.com



CALLING ALL SCHOOL AGE STUDENTS *K-12

(REGARDLESS OF MEMBERSHIP OR
RELIGIOUS SCHOOL REGISTRATION)



Rosh HaShanah Day 1 - Tues, Sept. 23

**All Times: After the Torah Processional at
approx. 10AM**

Rosh Hashana

Elementary School

- Teshuva Relay Race
- Discussion
- Storytime

Middle/High School

- Teshuva Relay Race
- Discussion using Machzor

Apples & Honey available to help bring in a sweet
New Year. Blessings will be provided.

**THE QUIET ROOM WILL BE AVAILABLE FOR
PRE-K AND BELOW PLAYTIME.**

CALLING ALL SCHOOL AGE STUDENTS *K-12 (REGARDLESS OF MEMBERSHIP OR RELIGIOUS SCHOOL REGISTRATION)



Yom Kippur - Sat, Oct. 12th

All Times: After the Torah Processional at approx. 10AM

Yom Kippur

Elementary School

**-Student and Family Service with Sarah
Barnett**

Middle/High School

-“Manga vs. Machzor: The Book of Jonah”



**THE QUIET ROOM WILL BE AVAILABLE FOR
PRE-K AND BELOW PLAYTIME.**

Social Action Update



Pill Bottle Collection: Give Your Prescription Bottles a Second Life

Our pill bottle collection is going strong—and we plan to continue indefinitely! Thank you to everyone who has already donated.

Here's how you can help:

- Collect your empty prescription bottles (any size) with their caps.
- Remove labels if you wish (soaking in hot, soapy water helps), or we'll do it for you.
- Make sure bottles are clean and dry, then replace the cap.
- Drop them off in the RST lobby.

Together, we can keep these bottles out of the landfill and put them in the hands of those who need them most.

Planning Ahead

The Social Action Committee is excited to share that we contributed to RST's annual planning process and have **more than a dozen projects scheduled** for September 2025 through June 2026—including donation drives, service projects, and educational opportunities. We're proud to be planning ahead so our congregation can engage meaningfully throughout the year.

Upcoming Projects

Thursday, Sept. 25 – Friday, October 10: Project Isaiah High Holiday Non-Perishable Items & Gift Cards

See page 12 in this Messenger for details.

Saturday, Oct. 18: Shabbat Shmooze: Shabbat Bereshit—Environmental Stewardship
Celebrate Shabbat, stay for lunch, and join us in conversation about our role as stewards of the Earth.

Monday, October 13- Sunday, Oct. 19: Pet Supply Drive

As Project Isaiah concludes, we'll focus on supporting our furry friends. Bring pet supply donations to RST starting Monday, 10/13, or to the **Blessing of the Pets** program on Sunday, 10/19. See page 11 in this *Messenger* for details.



Social Action Update cont.

PENINSULA SPCA WISH LIST



Animal Care Supplies

Purina ONE kitten food	Cat toys
Purina ONE puppy food	Towels
Canned cat/dog food	Pet wipes
Non clumping litter	Brushes
Dog bones and treats	Dog shampoo
KONGS	Pill pockets
KONG stuffers	Cat collars
Cage shavings	Harnesses
Rabbit food	Dog leashes & collars
Collapsible metal cages	Waterless Cat Shampoo
Dog & Cat beds	Poop bags
Plastic Aprons	Paper bowls

Office Supplies

Sharpies
 Copy paper
 Avery name badges
 Yellow highlighters
 Post It notes
 Pens (black/blue)
 Folders
 Avery address labels
 Hand Sanitizer
 Clip boards

Cleaning Supplies

Bleach
 Clorox wipes
 Liquid laundry detergent
 Paper towels
 Pine Sol
 Large & small gloves
 Heavy duty scrub brushes
 Brooms
 Tissues
 55 gal trash bags

Clinic Supplies

Distilled water
 Large disposable gloves

Humane Education

Guinea Pig/Rabbit treats
 Oxbow hay (variety)
 Craft sticks
 Glue sticks
 Small animal cage cleaner
 Masking tape
 Puppy training pads



Maintenance Supplies

Pooper scoopers
 Collapsible metal cages
 Gallon & Quart size freezer bags
 Reusable sand bags
 Batteries (AA/AAA/D)

Barnyard & Petting Zoo

Cheerios
 Timothy hay
 Straw (winter months only)
 Rabbit food
 Cracked corn



Social Action cont.



Operation Isaiah Rodef Sholom Temple High Holy Day Food Drive

“...share your food with the hungry...take the homeless into your home... clothe the naked when you see him...”

From the Haftarah for Yom Kippur morning, Isaiah 58:6-7

This year, our congregation is joining the United Synagogue of Conservative Judaism's campaign to collect and distribute non-perishable items to donate to our UJCVP Jewish Family Services and the Virginia Peninsula Foodbank.

- Please place the donations in a bag from your home or one that is available for pickup at the synagogue.
 - Please do not carry empty or full bags to or from RST on Shabbat.
 - Please do not bring bags to RST on Yom Kippur or Shabbat.
- Donations will be accepted in the Temple office during weekday office hours on
 - Thursday and Friday: September 25th & 26th,
 - Monday and Tuesday: September 29th & 30th, and
 - Monday and Thursday: October 6th & 9th.
 - Last Day for drop-off is Friday, October 10th.
 - Note: Office Hours:
 - Monday and Thursday – 8am – 4pm
 - Tuesday – 9 am – Noon
 - Friday – 8am – 3pm

The following suggested non-perishable items are in demand:

- | | |
|---|--|
| • Canned Meats (tuna, salmon, chicken, Spam, corned beef) | • 100% Fruit/Vegetable Juice |
| • Canned Fruits (in light syrup or in its own juice) | • 1% or 2% Shelf-Stable Milk |
| • Fruit Cups | • Healthy Snacks (Granola Bars) |
| • Canned vegetables (string beans, butter beans, carrots, squash, peas, potatoes) | • Canned or Dry Beans (baked, pinto, black, kidney) |
| • Hearty Meaty Soups | • Herbs/spices |
| • Spaghetti Sauce | • Condiments (mayonnaise, ketchup, mustard, soy sauce, hot sauce & relish) |
| • White & whole grain pasta | • Kitchen essentials (cooking oil, flour, sugar, etc.) |
| • Hot and cold cereal, Grits | • Coffee, Tea, Cocoa, Cider |
| • Peanut butter and Jelly | • Baby Food and Formula |
| • Instant Potatoes | • Paper Products |
| • Brown and White Rice | • Hygiene Items |

If you don't have time to shop for groceries, Jewish Family Services requests gift certificates from grocery stores. There is a box in the Temple lobby where you can drop them off.

Todah Rabah **Thank You!**

Angel Gifts

In memory of Jeff Spigel
Donna & John Diamond
Jeff's Friends
Glen Davenport

Building Fund

In memory of Jeff Spigel
Beth & Dan Kluger

Dina & Leon Familant Memorial Scholarship Fund

Wishing Irwin Zamore a speedy recovery
Joe & Lynne Familant

Wishing Irv Alter a very happy 90th birthday
Joe & Lynne Familant

In honor of our grandson Max's 2nd birthday
Stephen & Eileen Chadis Wood

In memory of Alyssa Weiss's mother
Joe & Lynne Familant

In memory of Jeff Spigel
Aileen Familant

In memory of Aaron Ostroff
Aileen Familant

Endowment Fund

In memory of Jeff Spigel
Martha & Tsvi Katz-Hyman
Joanne & Richard Gordon

In honor of Joseph Edouard's promotion to
Commander
Joanne & Richard Gordon

In honor of Roy & Betty Lasris' 50th wedding
anniversary
Joanne & Richard Gordon

In honor of Guy Levy becoming President of
Rodef Sholom Temple
Mayer & Susan Levy

In honor of Edythe Lichtenstein's 100th
Birthday
Sue & Charles Friedman

In memory of Barbara Drucker Smith
Sue & Charles Friedman

In memory of Sandy Katz
Sue & Charles Friedman

In memory of Audrey "Boots" Workman
Carol Lewis

Glasofer Family Education Fund

In memory of Ted Sandler
Janet Glasofer
Rick & Tess Goldblatt

In honor of Caleb Moore's Bar Mitzvah
Janet Glasofer
Gavrielle & Lana Bargash

In honor of the birth of Jody & Ed Sarfan's
granddaughter
Janet Glasofer
Brian & Jeanette Weinberg

In honor of Robin Levy
Harry Kirschbaum & Susan Folkes

In memory of Meyer "Mickey" Coren
Janet Glasofer
Gavrielle & Lana Bargash

Todah Rabah **Thank You!**

Glasofer Family Education Fund cont.

In memory of Barbara Drucker Smith
Janet Glasofer
Brian & Jeanette Weinberg

In memory of Sandy Katz
Janet Glasofer
Brian & Jeanette Weinberg

In memory of Aaron Ostroff
Sylvia Craft

In honor of Mayer & Susan Levy's 50th
Wedding Anniversary
Sylvia Craft

RST Golf Tournament

In memory of Jeff Spigel
Alan & Rona Altschuler

In honor of Max Malkin's Bar Mitzvah
Alan & Rona Altschuler

Loraine Blechman Drucker Choir & Music Fund

In memory of Barbara Drucker Smith
Rick & Tess Goldblatt
Sylvia Craft

President's Discretionary Fund

In memory of Milton & Sandy Katz
Harry Kirschbaum & Susan Folkes

Rabbi's Discretionary Fund

In honor of Rabbi Eligberg for leading
the memorial zoom service for my step-
daughter, Ivy Dahl
Brenda Gordon

Ritual Committee

In honor of Roy & Betty Lasris' 50th wedding
anniversary
Martha & Tsvi Katz-Hyman

Sadye C. Nachman Memorial Library Fund

In memory of Barbara Bornstein, mother of
Jill Hyman
Tsvi & Martha Katz-Hyman

Silverman-Schoenbaum Fund

In memory of Jeff Spigel
Louis & Bobbi Sue Silverman

In memory of Barbara Smith
Louis & Bobbi Sue Silverman

In honor of Edythe Lichtenstein's 100th
Birthday
Louis & Bobbi Sue Silverman

Sisterhood Torah Fund

In memory of Jeff Spigel
Beth & Jack Arager

In honor of the birth of Jody & Ed Sarfan's
granddaughter, Emerson
Danile and Larry Spokony
Tova and Jay Warren
Martha & Tsvi Katz-Hyman

In memory of Dr. Geoffrey Kostiner's great
aunt, Frances Mann
Martha & Tsvi Katz-Hyman

In memory of Lisa Green's father, Meyer
"Mickey" Coren
Martha & Tsvi Katz-Hyman

Todah Rabah ***Thank You!***

Synagogue Fund

In memory of Jeff Spigel
Shelly Portnoy

In honor of the marriage of Rabbi & Jodi
Eligberg's daughter Sarah Eligberg to Adam
Miller

Ellen Waranch & Barbara Gordon

Torah Maintenance Fund

In honor of Joseph Edouard's promotion to
Commander

Ellen Waranch & Barbara Gordon

In honor of Beth Arager's retirement

Ellen Waranch & Barbara Gordon

In memory of Dr. Phillip Levy

Ellen Waranch & Barbara Gordon

Selichot 5785

How Do Our Ancestors,
Ancient and Modern,
Shape Our Lives

September 13th at 8:30 p.m.

RST Sisterhood

LaShanah Tovah Umetukah! Sisterhood looks forward to the New Year with these programs. Please mark your calendars for these upcoming events.

Rosh Hashanah baking:

September 18th at 1:00 p.m.

September 21st at 11:00 a.m.

We once again will have our paid-up-membership brunch **October 12th at 10:00 a.m.** Holly Vance has happily agreed to lead us in Yoga! Chairs will be available for use if you choose to do yoga on a chair as opposed to a mat. Do wear something comfortable.

Book Club will be meeting September 21 in the **Chapel at 10:00 a.m.** Fortunately, we are a movable group and because of the High Holidays, Sunday School will be using the Library and Conference rooms. Our book will be "On Her Own" by Lihi Lapid:

"Nina, a teenage runaway, wakes up in the unfamiliar stairwell of a Tel Aviv apartment in a torn minidress. As her memory starts to resurface -the abusive older man she's running away from, the crime she witnesses- she knows one thing: she needs to find a place to hide."

Please join us and mark down these dates for future meetings:

November 16th

January 11th

March 22nd

May 17th

If the dates are changed for any reason, email updates will be sent. See you at Book Club!

I want to thank some of our volunteers who help Sisterhood function:

Tova Warren has chaired Torah Fund and is now moving to membership, and she will let you know when and where to pay dues. Davida Irving has agreed to chair Torah Fund, which helps raise money to support the Jewish Theological Seminary. Thanks to Jenni Connally for handling membership duties, but will still remain part of the Coordinating Committee.

Danile Spokony has moved on from running the Judaica Gift Shop, and we thank her for doing this for Sisterhood. She will also remain a part of the Coordinating Committee. We are fortunate to have two members take over now: Lori Luckman and Rosanne Stupar. They will split the year, and congregants may contact Radie if they need assistance.

RST Sisterhood

As you can see, Sisterhood needs a village to function and plan. If you wish to be a part of the Committee, we are happy to have you join our few meetings a year.

Finally, a reminder that Sisterhood pays for the food. Sponsorships are welcome for Morning Minyan, Oneg Shabbat, and Kiddush Lunch. The office has menus and pricing. Keep track of our programs via the *Messenger* and weekly emails. Once again LaShanah Tovah Umetukah!!

SISTERHOOD EREV ROSH HASHANAH ONEG BAKING

JOIN US ON

THURSDAY, SEPTEMBER 18TH FROM 1:00 P.M. - 3:00 P.M.

OR

SUNDAY, SEPTEMBER 21ST FROM 11:00 A.M. - 2:00 P.M.

TO HELP BAKE FOR SISTERHOOD'S ANNUAL
ROSH HASHANAH ONEG

PLEASE CONTACT JENNI CONNOLLY
TEXT OR CALL 757-870-7874
FOR MORE INFORMATION.



ONEG SET UP WILL BE HELD
ON MONDAY, SEPTEMBER 22ND
FROM 9:00 A.M. - 12:00 P.M.



IF YOU WOULD LIKE TO DONATE IN SUPPORT OF THE RH ONEG,
PLEASE SEND A CHECK TO SHELLY PORTNOY.





Join RST's Sisterhood Book Club
on Sunday September 21st at
10:00 a.m.

NOTE: This is a CHANGE!

On Her Own, by Lihi Lapid, is "A National Jewish Book Award Finalist for both the Book Club Award and Hebrew Fiction in Translation Award. A moving, page-turning story of two families in crisis and the unexpected places from which love can grow," according to Harper Academic.com.

Sisterhood Judaica Shop Highlight

Candles, Candles,
and More Candles

Shabbat, Havdalah,
Yahrzeit, and
Hanukkah



RST Sisterhood Paid Up Membership Event

Presents:

Yoga in the Sukkah!

Sunday, October 12th at 11 a.m.

Come and enjoy a spiritual stretch with

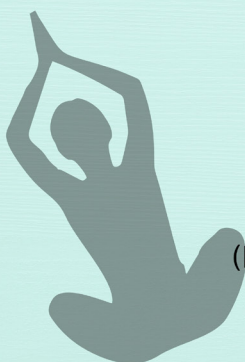
Holly Vance: Certified Yoga Instructor

Followed by complimentary brunch
for all paid up Sisterhood members

(Payment that day is fine. Non member
guest fee is \$15)

RSVP to sarahbbarnett62@gmail.com
by October 6th

Bring you own mat if you have one



GOT TALENT? RST SISTERHOOD & MEN'S CLUB ARE RECRUITING FOR:

Open Mic Night

Saturday Evening Nov. 22nd

**Dust off your act and
reserve your spot now!**

(prior experience or
talent not required)

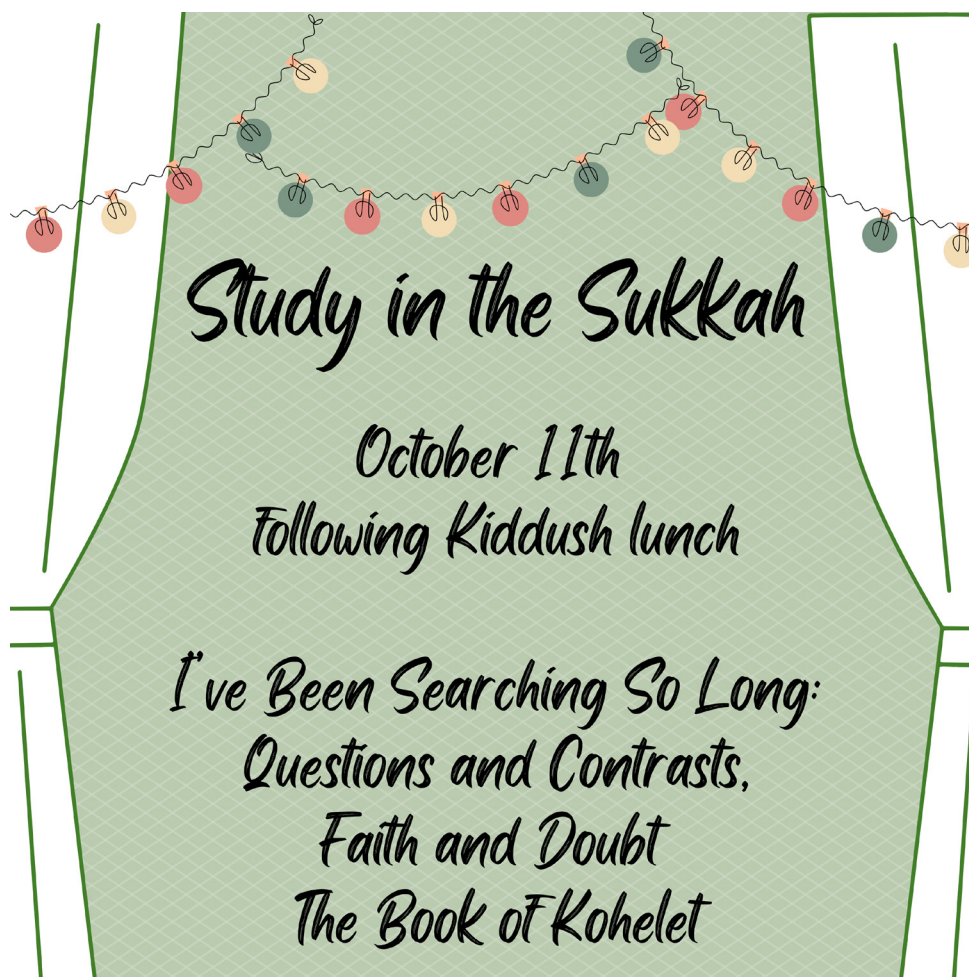


Contact Lori Luckman
loriluck57@gmail.com for more information

5786 HIGH HOLY DAY SCHEDULE OF SERVICES 2025
Rodef Sholom Temple located on the UJCVP Campus
401 City Center Blvd. Newport News VA 23606

SELICHOT	Saturday, September 13	8:30 p.m.
ROSH HASHANAH	Monday, September 22	8:00 p.m.
	Tuesday, September 23	9:30 a.m.
	Wednesday, September 24	9:30 a.m.
SHABBAT SHUVAH	Friday, September 26	6:00 p.m.
	Saturday, September 27	9:30 a.m.
TASHLIKH (only)	Sunday, September 28	11:00 a.m.
	Buckroe Beach – see separate flyer	
GRAVESIDE PRAYERS	Sunday, September 28	1:00 p.m.
	Jewish Cemetery of the Virginia Peninsula (Rosenbaum)	
KOL NIDRE	Wednesday, October 1	6:15 p.m.
YOM KIPPUR	Thursday, October 2	9:30 a.m.
	Yizkor will be recited	
	Study Session	4:30 p.m.
	Mincha/Neilah Service	5:15 p.m.
	Shofar Blowing	7:26 p.m.
	Maariv	7:27 p.m.
	End of Fast (followed by Break Fast)	7:45 p.m.
SUKKOT	Tuesday, October 7	9:30 a.m.
	Wednesday, October 8	9:30 a.m.
BREAKFAST IN THE SUKKAH	Thursday, October 9 following minyan	7:45 a.m.
SHABBAT	Friday, October 10 – Kabbalat Shabbat	6:00 p.m.
	Congregational Dinner in Sukkah after services	
	Saturday, October 11	9:30 a.m.
	Study in the Sukkah following lunch	
SHEMINI ATZERET	Tuesday, October 14	9:30 a.m.
	Yizkor will be recited	
SIMCHAT TORAH	Tuesday, October 14	6:00 p.m.
	Seven Course Hakafof	6:15 p.m.
	Wednesday, October 15	9:30 a.m.
SHABBAT PARASHAT	Friday, October 17	6:00 p.m.
BERESHIT	Saturday, October 18	9:30 a.m.
	Shabbat Shmooze following kiddush lunch	

www.rodefsholomtemple.org 757-826-5894



Men's Club

On Sunday, September 7, Club members are invited to join Temple Beth El of Norfolk at a Norfolk Tides baseball game, with a pre-game tailgate party with kosher hotdogs, veggie burgers, and snacks. The tailgate starts at 11:15 AM, and the game starts at 1:05 PM. There is no cost to attend courtesy of Temple Beth El, other than the parking fee charged by the stadium. Contact Jim Barnett if you are interested, email blueheron209@gmail.com.

Please mark Sunday, October 5, for the Men's Club annual Sukkah building at RST. Please gather at Temple by 9:30 AM. And, speaking of Sukkot, please mark Sunday, October 12, on your calendar for the Men's Club Dinner in the Sukkah. Details will follow.





Slow Cooker Chicken with Apples and Honey

by Shannon Epstein



INGREDIENTS

- 3 pounds chicken, any cut (see blog post) seasoned with salt & pepper
- 1 large apple or 2 small, diced
- 1 tablespoon oil (for Instant Pot)

Sauce

- 1 cup low-sodium chicken broth
- 1/2 cup honey
- 1/3 cup unsweetened applesauce
- 1 teaspoon salt (or more)
- 1 teaspoon cinnamon
- 1/2 teaspoon cumin
- 1/4 teaspoon pepper
- 1/4 teaspoon onion powder
- 1/4 teaspoon garlic powder

INSTRUCTIONS

Slow Cooker

1. If using potatoes, add those to the bottom of the slow cooker. Add the chicken. Spread diced apples on top of the chicken.
2. In a small bowl, mix together sauce ingredients until well blended. Pour sauce on top of chicken.
3. Cook HIGH 2-3 hours or LOW 4-6.

Instant Pot

1. Turn the Instant Pot to saute. Once hot, add the oil. If you're using skin-on chicken: add the chicken and sear, few minutes on each side until browned. Remove chicken from the pressure cooker. If you're using skinless chicken, skip this step.
2. In a small bowl, mix together sauce ingredients. Pour the sauce into the pressure cooker and deglaze the bottom of the pressure cooker by scraping all the bits off with a wooden spoon.
3. Add chicken back into the Instant Pot. Add apples (and potatoes if using) on top.
4. Close lid and seal valve. Set high pressure and cook 12 minutes. When cook time is complete, quick release the pressure.

[HTTPS://FITSLOWCOOKERQUEEN.COM/SLOW-COOKER-CHICKEN-APPLES-HONEY/](https://fitslowcookerqueen.com/slow-cooker-chicken-apples-honey/)

Yahrzeits

Sept. 5-6

James Earl Barnett Sr.
Joseph Black
E. David Blechman
Samuel Blumenthal
Charles Albert Braslow
Joseph H. Conn
James N. Gay
Sylvia Gibberman
Rochelle Gill
Alfred Greenfield
David Leonard Gutterman
J.S. King
Jake Levien
Pike Levine
David R. Margulies
Mary Meyhr
Grace Banks Mirmelstein
Evelyn Flax Mirmelstein
Louis Osman
Marcia Rosenberg
Moses Salsbury
Rose Hattie Saunders
Ira Warren Saunders
Sylvia Saunders
Sylvia Speck Schonfeld
Max Sidney Silverman
Samuel Sodden
Harry Waxman

Elliot Errera
Anne Feiner
Sol Fenigsohn
Stanley Alex Gibberman
Alberto Goldgaber
Fernando Goldgaber
Alfred Goldstein
Norman Golner
Florence Gordon
Kenneth Lionel Grimes
Selma Harris
Samuel Hirsch
Deborah Kashy
Sidney Katzenell
Sylvan Kaye
Julius Levy
Annie S. Lipman
Jacob Margolis
Abraham Nosnitsky
Jennie Pear
Marvin M. Refsin
Harry Saville
Geneva Serating
Lena G. Silverman
Harriet Nachman Storm
Jack Suval
Rose Unger
Sophia R. Weinstein
Julius Weinstein

Lillian Greenblum
Irene Helfand
Morris Himmel
Rosa Hirsch
Yetta Jacobs
Max Joseph Kanter
Paula Katzman
Hattie Kirsner
Monas Kramer
Milton Levine
Rosemae Levinson
Boris Margolin
Michael Mark
Abraham H. Morewitz
Goldie Nachman
Rose Norad
Anthony Parrucci
Hannah Passman
Betty Powell
Samuel Rosenstein
David B. Rubin
Alecia L. Salasky
Hilda Schatzman
Shulamith Schneider
Israel Schwartz
Abram Sear
Richard B. Tickler
Ann Waranch

Sept. 12-13

Aleksander Berelovich
Sylvia Beresh
Peter Brian Berry
Esther F. Beskin
Gerald Bloch
Jeannette Katz Brinch
Joseph Disraeli Brooks
Nathan Brown
Arthur Church
Leonard Epstein
Marjorie Becker Epstein

Sept. 19-20

Franklin O. Blechman
Irving Block
Samuel Burlock
Gussie Chernock
Phyllis Levy Doobrow
Theresa Kabik Dreyer
Morris Epstein
Benjamin Fairman
Brian Desher Francis
Seymour Glasofer
Stanley Goodman

Sept. 26-27

Marcia Kurke Aaron
Helen Anapol
Abraham Bromberg
Frank Carmel
Lena S. Carmel
Sarah Lena Carmel
Rose Cohen
Julius Conn
Sara Rosenstein Cooper
Henni Dannenberg
Ann D. Edelberg
Saul L. Feder

Yahrzeits cont.



Jack Feder
Max F. Fitzig
Katherine Goldblatt
Daniel Goldstein
Joseph I. Goldstein
Ben Gordon
Lina Hammer
Lorraine Holzweig
Joseph Meyer Kaplan
Frances Katz
Daniel Kemack
Sidney Klein
Jacob N. Kluger
Anna Levine
Bernice T. Levingston
Judith Margulies
Alfred Morris
Mordecai Newman
Cillie Riibner
Gertrude Rubin
Marion Olch Ruhman
Raphael A. Saville
Rita Block Spirn
Rosalie Gail Stept
Seth Leonard Strick
Manuel Tilles
Deborah Want
Linda Willey

Oct. 3-4

Sophie Abraham
Claud Blount
Jacob Brenner
Samuel Cudisevici
Erwin Benson Drucker
Bertha Feldstein
Bernard (Bucky) Fox
Annie Friedleng
Elsie Glassman
Morris Leon Goldberg
Joseph Goldman
Gertrude Goldstein

Hilda Goldstein
Rae Gordon
Carolyn P. Hornsby
Clara Kaplan
Minna Olch Katz
Nellie Katz
Dora Silber Klein
Norma N. Lasris
Harry Marks
Marilyn J. Nataupsky
Henry Perzekow
Bernard Raskin
Emil Schoenbaum
Corinne Shavitt
Sylvia Spatt
Enrique Leon Sudarsky
Ida Sugerman
Abe Teitelbaum
Irving Weinstein
Adelaide A. Wolf
Frances Slutsky Zwerdling

Oct. 10-11

Bea Berkowitz
Leon Blackman
Macy M. Carmel
Judah Mordecai Carmel
Morris S. Cooper
William R. David
William Diamonstein
Dr. Mike Eisenberg
Harry Ellenson
Ida Epstein
Rose Evensky
Harold Familant
Jack E. Friedman
Stanley Goldblatt
Lynda Ellen Goldsmith
Robert Herwitz
Harry January
Herman Kabik
Max Kahn

Miriam Katzenell
Bertha Lendle
Goldie Lindemann
Nathan Lipman
Joseph Lipman
Philip Markowitz
Lena Mirvis
Fred Morewitz
Bert A. Nachman
Joseph Newman
Shirley J. Peltz
Benjamin M. Rome
Robert Lewis Rubenstein
Tibe Nathenson Saevitz
Benjamin Satisky
Edward Saunders
Jacob Schy
Alvin Sholk
Herman P. Simon
Ben Soltz
Hyman Werbin
Dora Werbin
Sarah Werbin

Oct. 17-18

Harry Abrams
Harvey Abramson
Ruth Yarm Berlin
Leonard Bernstein
Mashie Epstein
Helen Nachman Epstein
Vera Goldrosen Feldsher
Joe Frank
Sam Garfinkel
Fred Issac Goldsmith
Gitela Jacobson
Sarah R. Levine
Gabriel Lichtenstein
Bessie Ellenson Markoff
Jennie Finkle Mershon
Joseph Olshansky
Rebekah Barkan Refsin

Yahrzeits cont.



Oct. 17-18 cont.

Sade K. Richman
Mayer A. Sarfan
Joseph Frank Scher
Sidney Spirn
Rose Spooner
Alexander Stern
Lena Sugerman
Sarah Waranch
Sarah B. Zedd

Rose H. Cooper
Dora G. Fisch
Benjamin Freed
Stan Glasofer
Simon Gutterman
Edward Heron
Ruth Hochman
Gertrude Katz
Jack Katzenberg
Toba Henna Leibow
Gilbert Levine
Herman Levine
Florence J. Livingston

Milton L. Levy
Francine Faith Luckman
Rev. Harry Miller
Louis Morewitz
Melvin Donald Nachman
David Norad
Donald M. Sagman
Patricia Scher
Poe Solomon
Simmie O. Solomon
Morton Spatt
Morris Werbin

Oct. 24-25

Nathan Brodsky



Rodef Sholom Temple September 2025 Service Schedule

Mondays & Thursdays @ 7:45AM

Fridays @ 6:00PM; Saturdays @ 9:30AM;

Tuesdays: Office closes at Noon unless by appointment

Wednesdays: Office closed unless by appointment

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8 Elul 5785 Labor Day Office Closed	2 9 Elul 5785 Ethics of Our Ancestors at Noon Social Action Committee Meeting at 7PM	3 10 Elul 5785 Office Closed	4 11 Elul 5785 High Holidays Practice – 5:30PM	5 12 Elul 5785 Jump Start Shabbat – 5PM Candle Lighting – 7:10PM	6 13 Elul 5785 Rabbi & Jodi Eligberg sponsor in honor of Sarah and Adam's marriage Havdalah Hangout – 8PM Havdalah – 8:06PM
7 14 Elul 5785 RST Road Show Williamsburg - 2PM	8 15 Elul 5785 Ethics of Our Ancestors at Noon Kvell Time with Rabbi - 2PM	9 16 Elul 5785 Ethics of Our Ancestors at Noon Kvell Time with Rabbi - 2PM	10 17 Elul 5785 Office Closed	11 18 Elul 5785 Lori and Jeff Luckman sponsor in memory of Lori's father, Pike Levine. High Holidays Practice – 5:30PM Executive Committee – 6PM via Zoom	12 19 Elul 5785 Jump Start Shabbat – 5PM Candle Lighting – 6:59PM	13 20 Elul 5785 Rhonda Diamond sponsors in honor of Edythe Lichtenstein's 100 th Birthday Havdalah Hangout – 7:30PM Havdalah – 7:55PM Seichot – 8:30PM
14 21 Elul 5785 Opening Day of Religious School – 10 am Edythe Lichtenstein 100 th birthday open house at the UUCVP – 2:00PM – 4:30PM	15 22 Elul 5785 Ethics of Our Ancestors at Noon	16 23 Elul 5785 Ethics of Our Ancestors at Noon	17 24 Elul 5785 Office Closed	18 25 Elul 5785 Sisterhood Rosh Hashanah Baking - 1PM High Holidays Practice – 5:30PM	19 26 Elul 5785 Jump Start Shabbat – 5PM Congregational Dinner Candle Lighting – 6:49PM	20 27 Elul 5785 Bonnie Brooks sponsors in memory of her father, Joseph Disraeli Brooks Havdalah Hangout – 7:30PM Havdalah – 7:44PM
21 28 Elul 5785 Sisterhood Book Club Religious School – 10 am Sisterhood Rosh Hashanah Baking – 11 am	22 29 Elul 5785 Erev Rosh Hashanah Candle Lighting – 6:44PM	23 1 Tishrei 5786 Rosh Hashanah Day 1 Office Closed Rosh Hashanah Student Program Candle Lighting – 7:39PM	24 2 Tishrei 5786 Rosh Hashanah Day 2 Office Closed Havdalah – 7:38PM	25 3 Tishrei 5786 Board Meeting – 6 PM via Zoom	26 4 Tishrei 5786 Jump Start Shabbat – 5PM Candle Lighting – 6:38PM	27 5 Tishrei 5786 Joseph & Irene Bromberg sponsor in memory of Joseph's father, Abraham Bromberg Shabbat Shmooze Havdalah Hangout – 7:30PM Havdalah – 7:33PM
28 6 Tishrei 5786 Tashlikh Program – 10AM Tashlikh – 11AM Graveside Prayers – 1PM	29 7 Tishrei 5786	30 8 Tishrei 5786 Ethics of Our Ancestors at Noon				

Rodef Sholom Temple October 2025 Service Schedule

Mondays & Thursdays @ 7:45AM
Fridays @ 6:00PM; Saturdays @ 9:30AM;
Tuesdays: Office closes at Noon unless by appointment
Wednesdays: Office closed unless by appointment

October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9 Tishrei 5786 Office Closed Kol Nidre Candle Lighting – 6:30PM	2 10 Tishrei 5786 Yom Kippur Office Closed Yom Kippur Student Program – 10AM Havdalah – 7:28PM	3 11 Tishrei 5786 Jump Start Shabbat – 5PM Candle Lighting – 6:27PM	4 12 Tishrei 5786 Saul & Carina Sudarsky-Gleiser sponsor in memory of Saul's father, Marcos Gleiser and Carina's father, Enrique Sudarsky Havdalah Hangout – 7PM Havdalah – 7:23PM
5 13 Tishrei 5786 Religious School – 10 am Men's Club Builds Sukkah	6 14 Tishrei 5786 Erev Sukkot Candle Lighting – 6:23PM	7 15 Tishrei 5786 Sukkot I Office Closed Candle Lighting – 7:19PM	8 16 Tishrei 5786 Sukkot II Office Closed Havdalah – 7:17PM	9 17 Tishrei 5786 Sukkot III Minyan in the Sukkah	10 18 Tishrei 5786 Sukkot IV Jump Start Shabbat – 5PM Congregational Dinner in the Sukkah Candle Lighting – 6:17PM	11 19 Tishrei 5786 Sukkot V Havdalah Hangout – 7PM Havdalah – 7:13PM
12 20 Tishrei 5786 Sukkot VI Sisterhood Paid-Up Membership Yoga Brunch Religious School – 10 am Men's Club Dinner in the Sukkah	13 21 Tishrei 5786 Sukkot VII Candle Lighting – 6:13PM	14 22 Tishrei 5786 Shmini Atzeret Office Closed Simchat Torah w/ students at 6PM Candle Lighting – 7:09PM	15 23 Tishrei 5786 Simchat Torah Office Closed Havdalah – 7:08PM	16 24 Tishrei 5786 Executive Committee – 6 PM via Zoom	17 25 Tishrei 5786 Jump Start Shabbat – 5PM Candle Lighting – 6:08PM	18 26 Tishrei 5786 Shabbat Shmoaze Havdalah Hangout – 7PM Havdalah – 7:04PM
19 27 Tishrei 5786 Religious School – 10AM Blessing of the Animals – 12PM	20 28 Tishrei 5786	21 29 Tishrei 5786 Ethics of Our Ancestors at Noon Kvell Time with Rabbi at 2pm	22 30 Tishrei 5786 Office Closed	23 1 Cheshvan 5786 Board Meeting – 6PM at RST	24 2 Cheshvan 5786 Jump Start Shabbat – 5PM Candle Lighting – 5:59PM	25 3 Cheshvan 5786 Havdalah Hangout – 6:30PM Havdalah – 6:55PM
26 4 Cheshvan 5786 Religious School – 10AM RST Road Show – 3PM	27 5 Cheshvan 5786	28 6 Cheshvan 5786 Ethics of Our Ancestors at Noon	29 7 Cheshvan 5786 Office Closed	30 8 Cheshvan 5786	31 9 Cheshvan 5786 Jump Start Shabbat – 5PM Candle Lighting – 5:51PM	

RST Memorial Golf Tournament

Rodef Sholom Damsky/Deyong Memorial Golf Tournament



Dozens of sponsors, dozens of prize drawings, and a record amount raised! The 15th Annual Rodef Sholom Temple Golf Classic in Memory of Martin Damsky and Adam Deyong was definitely a huge success!

Tournament Chair Kenny Murov welcomed 75 golfers on Sunday morning, July 20th, to Kingsmill Resort's beautiful Woods Course. Despite threatening weather throughout the week, the weather was perfect. Dozens of generous sponsors & donors, secured by committee members Ginny Phillips, Alan Fraley, Howard Waters, Barbara Gordon and Steve Shapiro assured that the teams competed in a first-rate event. Also, each player received a very special "Goodie Bag" full of useful swag and golf discount coupons, compliments of State Farm agent A.J. Fraley. Following the golf, the players were treated to an outstanding lunch and prize presentations at Kingsmill's Mounts Bay Recreation Center.

The tournament raised more than \$25,000 - the largest amount in its 15-year history!

Special thanks go to luncheon chair Robin Murov and her crew of Guy Levy, Martha Katz-Hyman, Sandy Waters, Joanne Gordon, Ruby Conn, Lisa Nochimson, Cynthia Becker, Jenni Connolly, Bobbi Goldstein, Lisa Margolin, Renee' Fraley, Lori Luckman, Robin Rubenstein, Cheryl Spatt, Beth Kluger, Barbara Rosenbaum, Celia Rinaldo, Laura Seltzer, and Shoshanna Marziano for preparing and serving the delicious dairy lunch.

The tournament always gets rave reviews from the participants, and this year was no different. Many veteran golfers have said that "The "DD" is one of the best local tournaments that they play all year long" and promise that they intend to continue playing each year. Thanks again to all those whose work achieves such a positive outcome.

ST ANDREWS FLIGHT WINNERS

1st Place Steve Morewitz, Rick Anthony, Jack Bizzell, Dale Hankins
2nd Place Sidney Becker, Adam Becker, Tony Meares, Mike Newman
3rd Place Ed Corcoran, Doug Amthor, Rob Dearnley, Miguel Guardo

TURNBERRY FLIGHT WINNERS

1st Place John Wendell, June Wendell, Bill Goodale, Sue Goodale
2nd Place Jeremy Forrest, Karen Forrest, Brent Bateman, Ron Bateman
3rd Place Michael Damsky, Larry Schatzman, Mitch Berlin

MUIRFIELD FLIGHT WINNERS

1st Place Richard Neff, Janice Neff, Mary Gross, Cay Pittman
2nd Place Bobby Martin, Mike Katz, Isaac Katz, James Kutner
3rd Place Carol Branson, Joe Branson, Doug Post, Kim Reardon

CLOSEST TO THE PIN #17 Women: Linda Rein

#8 Men: Bill Goodale

RUBY SPONSORS (\$1,000)

Deyong's Boots
Jason Hoffman-Raymond James
Karen Minkoff
Ruby Conn
Ralph & Bobbi Goldstein
Kenny & Robin Murov
Tzina Richman
Barbara Deyong
Roz Damsky
Ginny Phillips Francum
Atlantic Bay Mortgage
Anonymous
Peter Segaloff

PLATINUM SPONSOR (\$750)

Steve Shapiro

GOLD SPONSORS (\$500)

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Suttle Motors
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SILVER SPONSORS (\$250)

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Jeff & Lori Luckman
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Louis & Bobby Silverman
Shoshana Marziano
Michael Damsky & Leslie & Vince
Harper
Denby & Margy Starling
Steve & Sally Seltzer

WHITE SPONSORS (\$100)

Scott & Janet Kruger
Cathy & John Zawacki
Sidney & Cynthia Becker
Robin & Guy Levy
Joe & Janet Schy
Eric & Becca Maurer
Linwood & Myra Kramer
Stephen & Eileen Chadis Wood
Ed Hamill
Sam & Lisa Margolin
Bonnie Katzenberg
Shelly Portnoy
Paul Rein
Beth & Daniel Kluger
Bernard & Celia Friedland
Tsvi & Martha Katz-Hyman
James Kutner
Barbara Gordon
Frank & Shapiro
Buddy & Libby David

Meal Sponsorships:

- Amy & Rob Phillipson in honor of their son, Robert MichaelAnthony Phillipson's birthday
- Manana Lapidus in memory of her father, Ilia Janashvili
- Davida Irving in memory of her step mother, Lucille Irving
- The Hudson Family in honor of Bogie and Joseph, in recognition of their great contributions to the religious school
- Celia Rinaldo in memory of Harry Golfman, Harold and Samuel Blumenthal
- Beth Arager in honor of her retirement

Geoffrey's aunt, Frances Mann

- The Workman Family in memory of Audrey "Bootsie" Workman
- David & Sarah Wood; Guy & Robin Levy; and Shelly Portnoy on the passing of Phillip Morton Levy
- David Kashy on the passing of his wife, Melissa Kashy

Mazel Tov To:

- Joseph Edouard on his promotion to Commander
- Ed and Jody Sarfan on the birth of their first grandchild, Emerson Louise Sarfan.

Condolences To:

- The Hyman Family on the passing of Jill's mother, Barbara Bornstein
- The Sandler Family on the passing of Ted Sandler
- The Green Family on the passing of Lisa's father, Meyer "Mickey" Coren
- The Drucker Smith Family on the passing of Barbara Drucker Smith
- The Katz Family on the passing of Sandy Katz
- Geoffrey & Shelly Kostiner on the passing of

Welcome New Members:

Yan & Krista Byalik

Peter & Deborah Segaloff

Philip & Nancy Burstein

David & Laura Selzter-Duny

Leah Schwarz

Wayne & Waymona Porter

Nina Whelton

SHANA TOVA

H A V E A S W E E T
Y E A R

RADIE, ROBIN, DONALD, EVELYN & RICHARD





Rodef
Sholom
Temple

401 City Center Blvd.
Newport News, VA 23606

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